

IROKO

Theatre Company

IYE AJA (Umbilical Cord) Project

HERBAL MEDICINE



African herbs - Grains of Paradise

Source: <http://www.herbalremediesworld.com/African-herbal-remedies.html>

“When the child is born it has a special kind of bath, using certain kinds of medicines, for four weeks. These are herbs, leaves like Bombo and Lwenzu; they say in my culture that if you put those herbs together and boil them to bathe the child, you are giving the child a blessing to protect him from diseases like skin rashes. And if you give the child a few drops to drink, it cures the child’s system and he’s immune to some disease.

“What they do here in London (some of them), is to get tea leaves, they use plenty, about three packets of tea leaves, and use that to bathe the baby and give little drops. My feeling is that even when you have to use tea leaves, you can do that but it should be done right ... because I do believe that it works”.

IROKO Interviewee, Aisha Kaweesi, Ugandan

+ 44 (020) 8522 1950
info@irokotheatre.org.uk
www.irokotheatre.org.uk
youtube: irokotree1



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